

PDO Thread Lift Consent

Informed consent for PDO, PLLA, and PCL thread lifting and smooth thread treatments of the face, neck, and body

Client Information

First Name *

Last Name *

Email Address *

Phone Number *

Date of Birth *

MM / DD / YYYY

Treatment Details

Thread type *

☐ Barbed / lifting threads ☐ Smooth / mono threads ☐ Both

Treatment areas *

☐ Midface / Cheeks

☐ Jawline / Jowls

☐ Neck

☐ Brow

☐ Nose

☐ Body (abdomen, arms, knees)

Have you had threads before? *

☐ Yes ☐ No

If yes, when, where, and any issues?

Have you had filler or neurotoxin in the area in the last 2 weeks? *

☐ Yes ☐ No

Medical History

Are you pregnant, trying to conceive, or breastfeeding? *

☐ Yes ☐ No

Do you have any of the following?

☐ Autoimmune condition (lupus, RA, MS, etc.)

☐ Bleeding disorder or on blood thinners

☐ Diabetes

☐ History of keloid or hypertrophic scarring

☐ Cancer (current or within the last 5 years)

☐ Immunosuppressed / immune disorder

☐ None of the above

Do you have active acne, infection, or inflammation in the treatment area? *

☐ Yes ☐ No

Do you have very thin skin or significant skin laxity? *

☐ Yes ☐ No

Are you allergic to polydioxanone (PDO), polylactic acid, or other suture materials? *

☐ Yes ☐ No

Are you planning facial surgery or other facial procedures within 6 months? *

☐ Yes ☐ No

Do you take blood thinners or have a bleeding disorder? *

☐ Yes ☐ No

Current medications and supplements

Allergies (medications, latex, lidocaine, anesthetics)

Risks & Complications

Potential Risks and Complications:

- Swelling, bruising, and tenderness for 1–2 weeks
- Dimpling, puckering, or skin irregularity — usually settles within 2–3 weeks; occasionally needs adjustment
- Visible or palpable threads, especially in thin skin
- Thread migration or extrusion — the thread end may need to be trimmed or removed
- Asymmetry
- Infection and inflammatory reaction
- Nerve or salivary gland injury — temporary numbness or pain (rare)
- Hematoma (collection of blood)
- Limited or short-lived result — lifting threads dissolve over 6–12 months; the lifting effect is modest compared with surgery

Avoid wide mouth opening, chewing hard foods, facial massage, dental work, and sleeping on the face for 2 weeks.

I understand that a thread lift provides a subtle, temporary lift that does not replace surgical lifting, that threads dissolve over months, and that repeat treatment may be needed.

I understand the result is modest and temporary: _____

I understand that dimpling, visible or palpable threads, migration, extrusion, and asymmetry can occur and may require follow-up treatment or thread removal.

I understand the risks of dimpling, visibility, and migration: _____

Photo Release

May we take before-and-after photos for your treatment record? *

- ☐ Yes — for my medical record only
- ☐ Yes — and you may use them anonymously for marketing
- ☐ No

Service Log

For office use only

	Date	Area	Thread type / Count / Lot #	Notes
Entry 1				
Entry 2				
Entry 3				
Entry 4				
Entry 5				
Entry 6				

Consent & Signature

I voluntarily consent to thread lift treatment. I have been informed of the benefits, risks, alternatives (including surgical lifting, injectables, and energy devices), and potential complications. I understand this is an elective cosmetic procedure with temporary results and no guarantee of outcome has been made. I release the provider and practice from liability related to this treatment except in cases of negligence.

I confirm I have read and understood the above information and give my informed consent.

I have read and understand the above information: _____

Signature

Date

Print name

Date *

MM / DD / YYYY

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